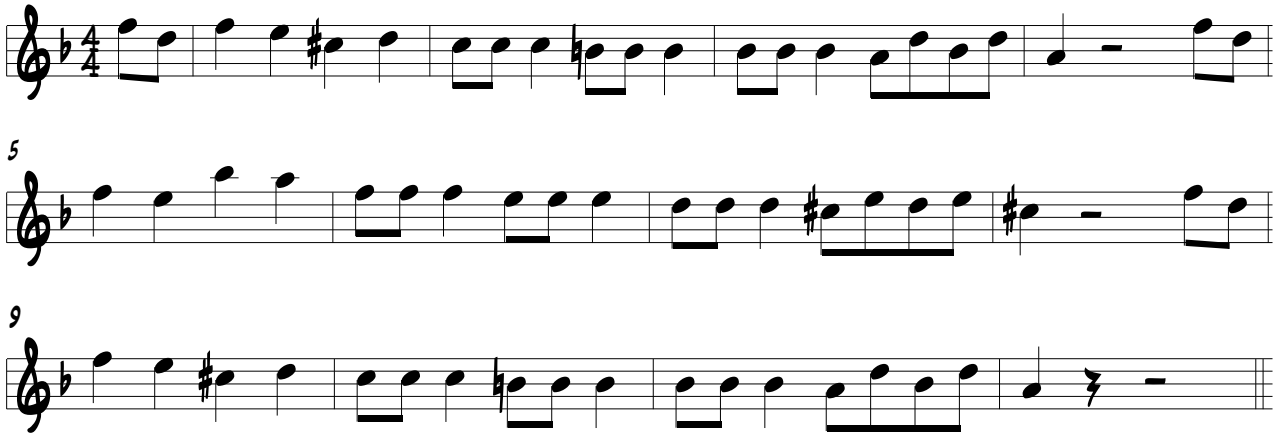Casse-Noisettes